

# *Maine Lakeside*

RESORT & EVENT CENTER

## **RECOMMENDED HIKING/BIKING**

### **Moxie Falls**

**Well-maintained trails/boardwalk/stairs | Distance: .6 miles | Difficulty: Easy**

Moxie Falls is the highest falls in New England with a 92-foot vertical drop. Moxie Stream drops from Moxie Pond (elevation 970') for five miles to the top of the Staircase Falls (elevation 800'). The next 2000' from the top of the Staircase to the bottom of the main falls the drop is 100'. It is a spectacular view in any season and at all water levels. You will find a well-maintained trail through mixed hardwoods, many examples of local flora and fauna and the occasional wildlife to include: deer, rabbits, many bird species like hawks and bald eagles. To control erosion on steep banks, stairways and boardwalks have been installed. There are multiple viewing platforms for easy picture taking.

Take Rt. 201 North to The Forks. At the bridge over the Kennebec River, turn right onto the Lake Moxie Road on the south side of the bridge. At approx. two miles there is a sign at the trailhead - Moxie Falls Scenic Area and a parking area for vehicles.

### **Adventure Bound Nature Trail**

**Wilderness Hiking Near Your Cabin | Distance: 1 mile loop | Difficulty: Easy**

Enjoy an easy one-mile loop right just a short walk from your cabin door. This hike is designed to provide a comfortable hike, while also serving to educate you regarding area wildlife and geology. Enjoy views of the Kennebec River while you walk about Adventure Bound's Nature Trail.

From your Lakeside Cabin: walk from your cabin to the fork where our driveway splits to head toward the Silver Cove cabins. Walking along that driveway you'll notice small white signs with the Adventure Bound logo signaling the blazes for the start of the trail. **\*\*Please note that this trail belongs to our neighbors at Adventure Bound which is a youth and family-oriented resort. We ask that you respect the mission of their resort by not consuming alcohol or substances while on their trail.\*\***

### **Appalachian Trail Section Hike**

**Part of the Appalachian Trail | Distance: 10 miles round trip from trailhead to Pleasant Pond | Difficulty: Mod.**

Hike a section of the Appalachian Trail from downtown Caratunk up to Pleasant Pond Mountain. You could continue on for the full 37 miles in one direction to Monson; there are multiple summits along this hike if you continued passed the 5 miles to Pleasant Pond (including Pleasant Pond Mountain and Moxie Bald Mountain). There are also lean-tos available if you wanted to camp out for the night.

Drive just up the road until you see the Appalachian trail marker on the right-hand side of the road, immediately following the second entrance to downtown Caratunk (Main Street). Drive up the hill into the small parking area or park alongside the roadway on Main Street.

## **Moxie Bald Mountain Trail**

**Part of the Appalachian Trail | Distance: 9.6 miles, round trip from trailhead | Difficulty: Strenuous**

This is a beautiful trail with ledges, moss and spruce covered hillsides. Summit elevation is 2630 feet. Wonderful views of Bigelow, Katahdin, Sugarloaf and Abraham mountain ranges.

Take Rt. 201 North to The Forks, take right onto Lake Moxie Road, just before the Kennebec Bridge. At Lake Moxie Station/dam, turn right onto the Troutdale Road and proceed approx. 8 miles to an AT marker. There is parking on the right. Trail goes off to the left side of the road and crosses a brook. It is one mile to Joe's Hole Lean-to.

## **Pleasant Pond Mountain (Part of the Appalachian Trail)**

**Caratunk, ME | Distance: 1.2 Miles from AT Lean-To | Difficulty: Moderate | Elevation: 2477**

Pleasant Pond Mountain has an open ledge peak, scattered with small trees and a 360-degree view. Trail is steep in places. There are views of icy cold and deep Pleasant Pond below.

Head north on Rt. 201 less than a mile to the second entrance to Caratunk, which is a left hand turn at the Maine Forest Service Station into Caratunk village. At 3/10ths miles, turn left across from the Post Office and head towards Pleasant Pond, at approx. 3.7 miles. Road forks-keep left-travel approx. 6/10ths of a mile. Pavement ends and the road narrows. At 8/10ths of a mile take the small dirt road to the right onto fire lane #13. At 5/10ths of a mile you will be at the AT Lean-To. Find parking off road.

## **Mosquito Mountain (Horrible name for a beautiful hike)**

**Distance: 1 to 2 hours, 1.2 Miles | Difficulty: Moderate | Elevation: 2215**

Mosquito Mountain is a ledge topped gem, with a 360-degree view overlooking Moxie Pond, Moxie Bald Mountain, and Pleasant Pond Mountain. Bigelow Mountain can be seen in the SW and Squaw to the NE. Little mountains can surprise you and this one does! Take Rt. 201 North to The Forks and then take a right onto Lake Moxie Road, just before the Kennebec River Bridge. Travel five miles to Moxie Pond and take a right onto the Troutdale Road. Follow this dirt camp road approx. 2 miles to a pull out where the road and power lines meet, you should be able to see Mosquito Mt from here and proceed to the trail.

## **The Forks Area Scenic Trail (F.A.S.T)**

*Distance: 6 Miles | Difficulty: Easy to Moderate*

The Forks Area Scenic Trail, along the Kennebec River, is ideal for running, biking, or hiking with dogs and kids. In the winter it's a snowmobile trail but spring, summer and fall it's only open to foot traffic. The trail begins one mile south of our resort, runs through our Kennebec River Campground, and ends 6 miles north in The Forks where the rivers meet.

Mountain bikers can continue the trail to Maine's highest waterfall, Moxie Falls. A few miles north of our resort the trail crosses the Old Canada Road Scenic Byway. At this point the multi-use trail is shared with ATVs becoming a little more technical. A few hills, some loose rocks, and a spectacular destination...

Take Route 201 North approximately 2 miles from our lodge and there will be a circular opening on the side of the river. You can park here. Please make sure to park the cars off to the side in the grass as this is also a rescue spot for local emergency services.